

Student opportunity! Stanford Center on Longevity Design Challenge 2025-26

Longevity Design Challenge 2025-2026

“Prevention by Design: Creating Healthy Lifestyles for Long Lives”

The [Longevity Design Challenge](#) is an annual **innovation competition** hosted by the [Stanford Center on Longevity](#) that is open to **all undergraduate and graduate students** globally. This year, students are invited to design solutions that promote longer, healthier lives by emphasizing preventive healthcare approaches.

Submissions are open now; the deadline is December 1, 2025.



2025 - 2026 LONGEVITY DESIGN CHALLENGE

Prevention by Design: Creating Healthy Lifestyles for Long Lives

How it works:

- Students may submit a design for a product, service, or program that addresses the Challenge theme (“Prevention by Design: Creating Healthy Lifestyles for Long Lives” – more on that below) [online](#) any time between September 15 and December 1, 2025.
- 6-8 Finalist teams will be announced on January 21, 2026.
- **Finalist teams are awarded:**
 - \$1K Finalist award.
 - Pairing with an experienced mentor.
 - Funding to travel to Stanford in April 2026 (conditions permitting) to present their design at the Finals, competing for the \$10K first prize.
 - Participation in an entrepreneurship workshop hosted by the Stanford Graduate School of Business.

Eligibility:

- Students from **all majors**/fields of study are welcome to participate!
- Each team must have at least one full-time undergraduate or graduate student who is enrolled during the 2025-2026 academic year.
- Designs may be submitted solo (by one person). Teams may have up to 5 members.

- Team members may be from different universities. Team members may also be non-students, but if the team is selected for the finals, only the student members may present at the final competition.

About “Prevention by Design: Creating Healthy Lifestyles for Long Lives”

Preventive health has become increasingly critical in the face of longer lives and rising chronic disease rates. The Stanford Center on Longevity’s [New Map of Life](#) envisions a future where health is not just about treating illness but about building lifestyle habits, and environments conducive to those habits, that increase resilience and improve well-being for people of all ages and backgrounds.

The 2025-2026 Stanford Center on Longevity Design Challenge invites student designers to create solutions (e.g., physical products, digital solutions, community programs or services) that empower individuals to lead healthier, longer lives through lifestyle factors such as sleep, nutrition, physical activity, mental health, social relationships, and financial health, particularly with approaches that are accessible, engaging, and adaptable to diverse needs and life stages. [Learn more.](#)

For more information, visit: <https://designchallenge.stanford.edu/>

For questions, email: designchallenge@stanford.edu

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